

The Values we Walk for

Truth is timeless, changeless and reveals the inner character and qualities of every human being. Truth is the foundation of a successful society.

Right Conduct is activity ranging from respectful and caring personal conduct through to our ethical duty and obligations to our community and nation.

Love is our natural state of being and is fundamental to our personal happiness. Love can be expressed, for example, as love of our country, as compassionate and tolerant behaviour and as voluntary service to our communities and those in need.

Peace is innate in all of us; it is within each person simply waiting to be uncovered. Peace is best described as inner mental calm, mental equipoise or equal-mindedness.

Non-violence is avoiding injury to others in thought, speech or action. It requires an understanding of the underlying unity of all and acting accordingly.

These human values provide a secure, real and meaningful life for each one of us.

The Sathya Sai Organisation of Australia & PNG cordially invites you to join in a National Walk for Values on **Saturday, March 28, 2009** in Brisbane, Sydney, Canberra, Melbourne, Adelaide and on the following day in Perth.

WHERE TO JOIN THIS WALK

In **MELBOURNE:**

09.30AM **Assembly and Registration**
Lady Janet Clarke Memorial,
Linlithgow Ave, Melbourne
(Off St Kilda Road
(Melways 2F J8)

Contact: Raj Mehra
0423 651 496



LOVE ALL - SERVE ALL
HELP EVER - HURT NEVER

National Walk for Values Saturday, March 28, 2009



Values that define our human existence are worth walking for. This values walk promotes the advancement of values in all facets of society - personal, family, education, in governance, in business and in sport. By walking for values, we are walking for tolerance, unity and order in our nation.

For more information and registration, visit
<http://www.nationalwalkforvalues.org>
or email: enquiry@nationalwalkforvalues.org

National Walk for Values

Values are important to our way of life. They guide all our choices. The practice of values such as Truth, Love, Right Conduct, Peace and Non-Violence create a life worth living and are at the core of Australian culture.

Our nation is changing rapidly as we are confronted with common challenges such as technological advancement, global warming and other ecological and social and economic pressures. These have an impact on us in all that we do, including at home and at work.

Values provide us with a basic security to deal with changes in and around us. All that is tolerant, caring, peaceful and unifying in our society, flow from these values.

Why a Walk for Values is needed now

Values create positive boundaries and values provide strength in the face of change. Clear values create inner strength and peace and promote unity and tolerance which leads to harmony in society.

Walking for values helps us to be clear in our minds who we are as Australians and what it is we are living for.

By walking for values, we model these values and send a message, loud and clear, to our communities. When we strive to practise the five values, we inspire others to do so. This will lead eventually to a happy and prosperous nation.

Truth is what we speak,
Right Conduct is what we practise,
Love is what we live,
Peace is what we give,
Non-violence is the fruit.

What a walk for values will achieve ...

Human values make human life worthwhile. A worthwhile life has principles which guide our behaviour; these foster a state of being which ultimately renders a state of peace within.

All men and women are seeking this peace.

Be the change you want to see in the world—*Mahatama Gandhi*

The house of peace requires your hand; it requires my hand—*Nelson Mandela*

First and foremost, engage yourself in the service of society. What is society? Society is your own reflection. Therefore, do not distance yourself from society. Keep yourself always engaged in the service of society—*Sathya Sai Baba*